

For Immediate Release...

For more information: Contact Kathryn White • Phone: 206-524-9091
Email: Kathryn@om-mandala.com • Website: www.om-mandala.com

Your Guide to Purpose & Passion
Tips and Insights from Personal Life and Business
Coaches.

Larry was directionless and stuck. Karen was successful, but something was missing in her life. Rickey had many passions, but wasn't sure of his purpose. Sound familiar?

What they have in common—and what you can learn from—is their work with Life Coaches to make real changes in their lives. *A Guide to Getting It: Purpose & Passion* is about perspectives and priorities. This book will change your life, if you are willing for that to happen. Through their stories, examples, and exercises the authors help you see that dramatic change is not necessary. Finding your purpose and passion is a matter of changing your mind, of seeing possibilities instead of obstacles, opportunities instead of challenges.

This 176-page book is the seventh in a series written by Personal Life and Business Coaches that offer invaluable insights, examples, and exercises as guides to help the reader improve their business and personal life. In addition to tips and explanations, there are chapters with personal stories of how the authors or their clients learned how to find their purpose and live with passion.

A Guide to Getting It: Purpose & Passion is available for \$14.95 at www.om-mandala.com and at bookstores.

A Guide to Getting It: Purpose & Passion, edited by Marilyn Schwader. Original edition. 6 x 9, 176 pages.
ISBN: 0-9716712-6-5. \$14.95. Publication: May 2005.

